



GROUND RULES

- **Adults Only (18 or older)**
- **Start and Finish on Time**
- **English Only**
- **Come Prepared**
- **Listen to Others without Interruptions**
- **Speak Up When You Do Not Understand**
- **One Person Speaks at a Time**
- **Everyone Participates**
- **Speak to All Participants (not only leader)**
- **Cell Phone Off**

MONDAYS ONLY

- **3:00 to 4:30 PM Virtually on Zoom**
- **Maximum 15 Participants**

You must enroll before attending. Please contact the Education Director at 413-734-6696 or Education@GrayHouse.org to make an appointment for intake, testing and enrollment. An intermediate level of English is required.