

Pasta with Roasted Vegetables

Ingredients

- 2 cups of uncooked pasta
- ½ cup of parmesan cheese
- Olive oil
- Salt and pepper
- 1 yellow onion
- 1 bell pepper
- 1 head of broccoli
- 1 zucchini
- Note: The vegetables can all be substituted with whatever vegetables you have or prefer

Steps

1. Preheat the oven to 400 F
2. Chop the vegetables into bite size pieces
3. Mix the vegetables together in a large bowl with the olive oil, salt and pepper
4. Spread the vegetables evenly on a baking sheet
5. Bake at 400 for 20-30 minutes
6. While the vegetables are cooking, prepare the pasta according to instructions on the package
7. Drain the cooked pasta and put into a large bowl
8. Add the roasted vegetables and parmesan cheese into the bowl, then stir
9. Enjoy

This recipe was originally found at capitalareafoodbank.org and was adapted by Matthew Biagi, Jasmine Hambaro, and Michael Harris in coordination with the UMass College of Nursing.